Ўзбекистон Республикаси   
спорт вазирининг   
2025 йил 11 апрелдаги  
3-мҳ-сон [буйруғига](javascript:scrollText())   
65-ИЛОВА

## ПАРА СУЗИШ

спорт турининг ягона спорт таснифи

|  |  |  |  |
| --- | --- | --- | --- |
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| 1. | Қорақалпоғистон Республикаси, вилоятлар ва Тошкент шаҳар чемпионати ёки кубоги (катталар, ёшлар) | | 7-12 |
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| **Ўсмирлар учун иккинчи спорт разряди** | | | |
| 1. | Қорақалпоғистон Республикаси, вилоятлар ва Тошкент шаҳар чемпионати ёки кубоги (ўсмирлар) | | 2-3 |
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| 1. | Қорақалпоғистон Республикаси, вилоятлар ва Тошкент шаҳар чемпионати ёки кубоги (ўсмирлар) | | иштирокчи |

**Ёш тоифалари**

|  |  |  |
| --- | --- | --- |
| **Т/р** | **Тоифалар** | **Ёшлар** |
|  | Ўсмирлар | 14 ёш ва ундан кичик |
|  | Ўсмирлар | 17 ёш ва ундан кичик |
|  | Ёшлар | 20 ёш ва ундан кичик |
|  | Катталар | Барча ёш тоифалар |

**Пара сузиш спорт турида**   
**бажарилиши зарур бўлган нормалар**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Масофаси ва сузиш усули** | **Класслари** | **Эркаклар** | | | **Аёллар** | | |
| **Ўзбекистон спорт усталигига номзод** | **Ўзбекистон спорт устаси** | **Халқаро тоифадаги Ўзбекистон спорт устаси** | **Ўзбекистон спорт усталигига номзод** | **Ўзбекистон спорт устаси** | **Халқаро тоифадаги Ўзбекистон спорт устаси** |
| **Вақт меёрлари (m, s)** | | | | | |
| **50 m**  **эркин** | **S1** | 01:20.00 | 01:15.00 | 01:08.20 | 01:55.00 | 01:45.00 | 01:24.71 |
| **S2** | 01:08.00 | 01:04.00 | 00:52.60 | 01:30.00 | 01:25.00 | 01:11.87 |
| **S3** | 00:55.00 | 00:45.00 | 00:39.00 | 01:09.00 | 00:56.00 | 00:49.77 |
| **S4** | 00:45.00 | 00:40.00 | 00:37.66 | 00:59.00 | 00:51.00 | 00:45.07 |
| **S5** | 00:40.00 | 00:35.00 | 00:33.00 | 00:53.00 | 00:44.00 | 00:39.29 |
| **S6** | 00:38.00 | 00:34.00 | 00:31.00 | 00:48.00 | 00:40.00 | 00:35.60 |
| **S7** | 00:34.00 | 00:32.00 | 00:30.00 | 00:45.00 | 00:38.00 | 00:33.13 |
| **S8** | 00:32.00 | 00:30.00 | 00:28.00 | 00:40.00 | 00:35.00 | 00:31.36 |
| **S9** | 00:30.00 | 00:28.00 | 00:26.50 | 00:36.00 | 00:32.00 | 00:30.49 |
| **S10** | 00:29.00 | 00:27.00 | 00:25.40 | 00:33.00 | 00:31.00 | 00:28.73 |
| **S11** | 00:33.00 | 00:30.00 | 00:27.81 | 00:40.00 | 00:35.00 | 00:32.15 |
| **S12** | 00:28.00 | 00:27.00 | 00:25.00 | 00:33.00 | 00:30.00 | 00:28.60 |
| **S13** | 00:27.00 | 00:26.00 | 00:24.40 | 00:32.00 | 00:29.00 | 00:27.90 |
| **S14** | 00:27.00 | 00:26.00 | 00:25.00 | 00:33.00 | 00:31.00 | 00:28.73 |
| **100 m**  **эркин** | **S1** | 02:45.00 | 02:40.00 | 02:31.25 | 02:55.00 | 02:50.00 | 02:41.28 |
| **S2** | 02:39.00 | 02:32.00 | 02:11.39 | 02:33.00 | 02:29.00 | 02:20.97 |
| **S3** | 01:50.00 | 01:46.00 | 01:40.94 | 02:05.00 | 01:57.00 | 01:42.50 |
| **S4** | 01:40.00 | 01:36.00 | 01:32.25 | 02:00.00 | 01:52.00 | 01:38.44 |
| **S5** | 01:35.00 | 01:29.00 | 01:19.37 | 01:45.00 | 01:36.00 | 01:26.75 |
| **S6** | 01:29.00 | 01:19.00 | 01:09.00 | 01:40.00 | 01:29.00 | 01:15.38 |
| **S7** | 01:20.00 | 01:15.00 | 01:05.03 | 01:35.00 | 01:26.00 | 01:13.40 |
| **S8** | 01:16.00 | 01:06.97 | 01:01.59 | 01:28.00 | 01:17.00 | 01:09.65 |
| **S9** | 01:10.00 | 01:03.00 | 01:00.11 | 01:15.00 | 01:10.00 | 01:04.94 |
| **S10** | 01:03.00 | 00:59.82 | 00:57.91 | 01:12.00 | 01:07.00 | 01:02.58 |
| **S11** | 01:12.00 | 01:05.00 | 01:01.69 | 01:20.00 | 01:15.00 | 01:09.55 |
| **S12/13** | 01:00.00 | 00:57.00 | 00:54.44 | 01:11.00 | 01:06.61 | 01:02.99 |
| **S14** | 01:01.00 | 00:58.00 | 00:55.02 | 01:05.03 | 01:01.59 | 00:58.58 |
| **200 m**  **эркин** | **S1** | 05:45.00 | 05:35.00 | 05:04.22 | 06:20.00 | 05:59.00 | 05:40.66 |
| **S2** | 05:25.00 | 04:56.00 | 04:42.94 | 05:55.00 | 05:37.00 | 05:22.42 |
| **S3** | 04:35.00 | 04:20.00 | 03:59.12 | 05:05.00 | 04:50.00 | 04:25.09 |
| **S4** | 04:00.00 | 03:48.00 | 03:21.97 | 04:30.00 | 04:10.00 | 03:47.50 |
| **S5** | 03:30.00 | 03:00.00 | 02:51.10 | 04:05.00 | 03:40.00 | 03:00.74 |
| **S14** | 02:05.00 | 01:59.00 | 01:57.22 | 02:16.00 | 02:11.00 | 02:04.42 |
| **400 m**  **эркин** | **S6** | 05:45.00 | 05:35.00 | 05:20.65 | 06:20.00 | 05:50.00 | 05:28.20 |
| **S7** | 05:40.00 | 05:20.00 | 05:00.72 | 06:00.00 | 05:38.00 | 05:23.48 |
| **S8** | 05:20.00 | 05:00.00 | 04:33.29 | 05:45.00 | 05:30.00 | 05:02.95 |
| **S9** | 04:40.00 | 04:35.00 | 04:24.39 | 05:28.00 | 05:08.00 | 04:48.28 |
| **S10** | 04:35.00 | 04:20.00 | 04:11.23 | 05:05.00 | 04:55.00 | 04:35.79 |
| **S11** | 05:58.00 | 05:47.00 | 05:30.84 | 06:16.00 | 05:57.00 | 05:35.47 |
| **S12/13** | 04:25.00 | 04:15.00 | 04:10.69 | 05:15.00 | 05:00.00 | 04:43.04 |
| **S14** | 04:32.00 | 04:22.00 | 04:14.78 | 04:50.00 | 04:40.00 | 04:30.11 |
| **50 m чалқанча** | **S1** | 01:50.00 | 01:40.00 | 01:22.21 | 02:00.00 | 01:50.00 | 01:45.61 |
| **S2** | 01:21.00 | 01:11.00 | 01:01.32 | 01:50.00 | 01:40.00 | 01:23.10 |
| **S3** | 01:09.00 | 00:59.00 | 00:50.58 | 01:15.00 | 01:06.00 | 00:54.16 |
| **S4** | 00:59.00 | 00:51.00 | 00:42.95 | 01:10.00 | 01:05.00 | 00:52.85 |
| **S5** | 00:55.00 | 00:45.00 | 00:37.33 | 01:01.00 | 00:56.00 | 00:46.11 |
| **100 m**  **чалқанча** | **S1** | 03:15.00 | 02:47.00 | 02:37.92 | 03:25.00 | 02:57.00 | 02:40.33 |
| **S2** | 02:44.00 | 02:20.00 | 01:59.92 | 03:00.00 | 02:52.00 | 02:30.30 |
| **S6** | 01:37.00 | 01:33.00 | 01:20.08 | 01:41.00 | 01:36.00 | 01:25.21 |
| **S7** | 01:29.00 | 01:24.00 | 01:11.99 | 01:40.00 | 01:35.00 | 01:24.96 |
| **S8** | 01:17.00 | 01:10.00 | 01:05.25 | 01:38.00 | 01:31.00 | 01:19.39 |
| **S9** | 01:15.55 | 01:07.00 | 01:04.48 | 01:32.00 | 01:27.00 | 01:14.70 |
| **S10** | 01:09.00 | 01:02.00 | 00:59.75 | 01:16.00 | 01:06.00 | 01:10.40 |
| **S11** | 01:20.00 | 01:15.00 | 01:05.52 | 01:43.67 | 01:39.27 | 01:22.78 |
| **S12** | 01:08.00 | 01:01.00 | 00:59.25 | 01:17.00 | 01:07.00 | 01:11.21 |
| **S13** | 01:07.00 | 01:00.00 | 00:58.91 | 01:12.00 | 01:05.00 | 01:09.22 |
| **S14** | 01:08.00 | 01:03.00 | 01:00.59 | 01:12.00 | 01:09.00 | 01:05.05 |
| **50 m брасс** | **SB1** | 01:31.00 | 01:22.00 | 00:59.62 | 01:52.00 | 01:43.00 | 01:30.44 |
| **SB2** | 01:10.00 | 01:06.00 | 00:54.35 | 01:45.00 | 01:26.00 | 01:26.79 |
| **SB3** | 01:01.00 | 00:57.00 | 00:50.36 | 01:27.00 | 01:15.00 | 01:05.87 |
| **100 m**  **брасс** | **SB4** | 01:57.00 | 01:47.00 | 01:37.46 | 02:17.00 | 02:07.00 | 01:57.22 |
| **SB5** | 01:50.00 | 01:43.00 | 01:33.50 | 02:06.00 | 02:00.00 | 01:50.13 |
| **SB6** | 01:40.00 | 01:34.00 | 01:24.29 | 02:01.00 | 01:52.00 | 01:39.07 |
| **SB7** | 01:33.00 | 01:27.00 | 01:20.73 | 01:55.00 | 01:45.00 | 01:36.17 |
| **SB8** | 01:26.16 | 01:20.00 | 01:14.05 | 01:45.00 | 01:35.00 | 01:22.10 |
| **SB9** | 01:15.00 | 01:10.00 | 01:06.45 | 01:35.00 | 01:25.00 | 01:14.02 |
| **SB11** | 01:25.00 | 01:20.00 | 01:10.79 | 01:45.00 | 01:36.00 | 01:25.05 |
| **SB12** | 01:13.00 | 01:08.00 | 01:05.08 | 01:28.00 | 01:22.00 | 01:16.76 |
| **SB13** | 01:11.00 | 01:07.00 | 01:04.99 | 01:22.00 | 01:18.00 | 01:15.42 |
| **SB14** | 01:14.00 | 01:10.00 | 01:07.46 | 01:20.00 | 01:16.00 | 01:13.95 |
| **50 m**  **баттерфляй** | **S4** | 00:59.00 | 00:52.00 | 00:41.49 | 01:05.00 | 01:00.00 | 00:52.33 |
| **S5** | 00:45.00 | 00:40.00 | 00:35.22 | 01:00.00 | 00:55.00 | 00:46.29 |
| **S6** | 00:39.00 | 00:35.00 | 00:31.25 | 00:52.00 | 00:44.00 | 00:37.61 |
| **S7** | 00:37.00 | 00:33.00 | 00:29.92 | 00:49.00 | 00:42.00 | 00:36.51 |
| **100 m**  **баттерфляй** | **S8** | 01:10.00 | 01:05.00 | 01:01.15 | 01:24.00 | 01:19.00 | 01:13.79 |
| **S9** | 01:08.00 | 01:04.00 | 00:59.49 | 01:21.00 | 01:16.00 | 01:10.03 |
| **S10** | 01:04.00 | 01:02.00 | 00:57.68 | 01:18.00 | 01:13.00 | 01:07.80 |
| **S11** | 01:15.00 | 01:10.00 | 01:03.98 | 01:20.00 | 01:15.00 | 01:10.44 |
| **S12/13** | 01:03.00 | 01:00.00 | 00:56.47 | 01:16.00 | 01:11.00 | 01:06.00 |
| **S14** | 01:06.00 | 01:02.00 | 00:59.81 | 01:11.00 | 01:09.00 | 01:06.36 |
| **150 m**  **комплекс** | **SM3** | 03:10.00 | 03:00.00 | 02:50.92 | 03:16.00 | 03:10.00 | 03:00.27 |
| **SМ4** | 02:50.00 | 02:40.00 | 02:30.38 | 03:11.00 | 03:06.00 | 02:57.50 |
| **200 m**  **комплекс** | **SМ5** | 03:40.00 | 03:35.00 | 03:30.41 | 04:05.00 | 03:55.00 | 03:45.30 |
| **SМ6** | 03:00.00 | 02:50.00 | 02:40.57 | 03:55.00 | 03:40.00 | 03:30.61 |
| **SМ7** | 02:55.00 | 02:44.00 | 02:37.83 | 03:11.00 | 03:20.00 | 03:09.07 |
| **SМ8** | 02:40.00 | 02:36.00 | 02:31.40 | 03:05.00 | 02:55.00 | 02:45.34 |
| **SМ9** | 02:35.00 | 02:30.00 | 02:23.38 | 02:50.00 | 02:48.00 | 02:37.00 |
| **SМ10** | 02:25.00 | 02:20.00 | 02:13.20 | 02:47.00 | 02:40.00 | 02:33.82 |
| **SМ11** | 02:44.00 | 02:40.00 | 02:30.09 | 03:12.00 | 03:04.00 | 02:54.34 |
| **SМ12/13** | 02:20.00 | 02:15.00 | 02:10.28 | 02:45.00 | 02:38.00 | 02:30.27 |
| **SМ14** | 02:18.00 | 02:14.00 | 02:10.71 | 02:31.00 | 02:28.00 | 02:24.04 |

**Пара сузиш спорт турида   
бажарилиши зарур бўлган нормалар**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Масофаси ва сузиш усули** | **Класслари** | **Эркаклар** | | | **Аёллар** | | |
| **Учинчи спорт разряди** | **Иккинчи спорт разряди** | **Биринчи спорт разряди** | **Учинчи спорт разряди** | **Иккинчи спорт разряди** | **Биринчи спорт разряди** |
| **Вақт меёрлари (m, s)** | | | | | |
| **50 m**  **эркин** | **S1** | 01:40.00 | 01:35.00 | 01:30.00 | 02:10.00 | 02:05.00 | 02:00.00 |
| **S2** | 01:22.00 | 01:19.00 | 01:14.00 | 01:58.00 | 01:46.00 | 01:40.00 |
| **S3** | 01:10.00 | 01:05.00 | 01:00.00 | 01:36.00 | 01:27.00 | 01:20.00 |
| **S4** | 01:05.00 | 01:00.00 | 00:55.00 | 01:20.00 | 01:15.00 | 01:10.00 |
| **S5** | 00:59.00 | 00:52.00 | 00:44.00 | 01:15.00 | 01:10.00 | 01:05.00 |
| **S6** | 00:50.00 | 00:47.00 | 00:41.00 | 01:10.00 | 01:05.00 | 01:00.00 |
| **S7** | 00:47.00 | 00:44.00 | 00:39.00 | 01:07.00 | 01:03.00 | 00:59.00 |
| **S8** | 00:45.00 | 00:42.00 | 00:37.00 | 01:05.00 | 01:01.00 | 00:55.00 |
| **S9** | 00:43.00 | 00:40.00 | 00:35.00 | 01:00.00 | 00:55.00 | 00:50.00 |
| **S10** | 00:41.00 | 00:38.00 | 00:36.00 | 00:55.00 | 00:50.00 | 00:45.00 |
| **S11** | 00:46.00 | 00:42.00 | 00:39.00 | 01:00.00 | 00:55.00 | 00:50.00 |
| **S12** | 00:35.00 | 00:33.00 | 00:30.00 | 00:55.00 | 00:50.00 | 00:45.00 |
| **S13** | 00:35.00 | 00:33.00 | 00:30.00 | 00:53.00 | 00:49.00 | 00:44.00 |
| **S14** | 00:41.00 | 00:38.00 | 00:36.00 | 00:55.00 | 00:50.00 | 00:45.00 |
| **100 m**  **эркин** | **S1** | 03:00.00 | 02:55.00 | 02:50.00 | 03:10.00 | 03:05.00 | 03:00.00 |
| **S2** | 02:55.00 | 02:50.00 | 02:45.00 | 02:45.00 | 02:35.00 | 02:30.00 |
| **S3** | 02:20.00 | 02:00.00 | 01:55.00 | 02:35.00 | 02:25.00 | 02:15.00 |
| **S4** | 02:00.00 | 01:55.00 | 01:50.00 | 02:15.00 | 02:10.00 | 02:05.00 |
| **S5** | 01:55.00 | 01:50.00 | 01:40.00 | 02:05.00 | 02:00.00 | 01:55.00 |
| **S6** | 01:49.00 | 01:39.00 | 01:34.00 | 02:00.00 | 01:55.00 | 01:50.00 |
| **S7** | 01:40.00 | 01:35.00 | 01:30.00 | 01:55.00 | 01:50.00 | 01:45.00 |
| **S8** | 01:30.00 | 01:25.00 | 01:20.00 | 01:45.00 | 01:40.00 | 01:35.00 |
| **S9** | 01:24.00 | 01:19.00 | 01:15.00 | 01:35.00 | 01:30.00 | 01:25.00 |
| **S10** | 01:20.00 | 01:15.00 | 01:10.00 | 01:28.00 | 01:22.00 | 01:17.00 |
| **S11** | 01:32.00 | 01:24.00 | 01:20.00 | 01:40.00 | 01:35.00 | 01:30.00 |
| **S12/13** | 01:20.00 | 01:16.00 | 01:06.00 | 01:26.00 | 01:21.00 | 01:16.00 |
| **S14** | 01:22.00 | 01:17.00 | 01:07.00 | 01:28.00 | 01:20.00 | 01:12.00 |
| **200 m**  **Эркин** | **S1** | 06:00.00 | 05:55.00 | 05:50.00 | 06:55.00 | 06:45.00 | 06:35.00 |
| **S2** | 05:55.00 | 05:50.00 | 05:45.00 | 06:40.00 | 06:25.00 | 06:10.00 |
| **S3** | 05:45.00 | 05:25.00 | 05:00.00 | 06:00.00 | 05:45.00 | 05:30.00 |
| **S4** | 05:00.00 | 04:55.00 | 04:35.00 | 05:50.00 | 05:20.00 | 04:55.00 |
| **S5** | 04:50.00 | 04:25.00 | 04:00.00 | 05:00.00 | 04:40.00 | 04:20.00 |
| **S14** | 02:19.00 | 02:15.00 | 02:10.00 | 02:33.00 | 02:27.00 | 02:22.00 |
| **400 m**  **Эркин** | **S6** | 06:50.00 | 06:20.00 | 06:00.00 | 07:20.00 | 07:05.00 | 06:50.00 |
| **S7** | 06:40.00 | 06:30.00 | 05:50.00 | 07:10.00 | 06:50.00 | 06:20.00 |
| **S8** | 06:50.00 | 06:30.00 | 05:50.00 | 07:05.00 | 06:45.00 | 06:05.00 |
| **S9** | 05:30.00 | 05:10.00 | 04:50.00 | 06:55.00 | 06:30.00 | 05:50.00 |
| **S10** | 05:20.00 | 05:00.00 | 04:50.00 | 06:30.00 | 05:50.00 | 05:25.00 |
| **S11** | 06:43.00 | 06:15.00 | 06:05.00 | 07:02.00 | 06:51.00 | 06:36.00 |
| **S12/13** | 04:55.00 | 04:45.00 | 04:35.00 | 06:35.00 | 05:55.00 | 05:30.00 |
| **S14** | 05:00.00 | 04:50.00 | 04:40.00 | 05:25.00 | 05:10.00 | 05:00.00 |
| **50 m**  **Чалқанча** | **S1** | 02:20.00 | 02:10.00 | 01:00.00 | 02:35.00 | 02:20.00 | 02:10.00 |
| **S2** | 01:45.00 | 01:37.00 | 01:30.00 | 02:25.00 | 02:15.00 | 02:00.00 |
| **S3** | 01:37.00 | 01:29.00 | 01:19.00 | 01:45.00 | 01:40.00 | 01:35.00 |
| **S4** | 01:20.00 | 01:15.00 | 01:10.00 | 01:35.00 | 01:25.00 | 01:15.00 |
| **S5** | 01:10.00 | 01:05.00 | 01:00.00 | 01:20.00 | 01:15.00 | 01:10.00 |
| **100 m**  **чалқанча** | **S1** | 04:00.00 | 03:46.00 | 03:27.00 | 04:15.00 | 03:55.00 | 03:35.00 |
| **S2** | 03:40.00 | 03:30.00 | 03:15.00 | 04:00.00 | 03:42.00 | 03:23.00 |
| **S6** | 01:50.00 | 01:46.00 | 01:42.00 | 02:00.00 | 01:55.00 | 01:48.00 |
| **S7** | 01:41.00 | 01:37.00 | 01:33.00 | 01:59.00 | 01:54.00 | 01:47.00 |
| **S8** | 01:32.00 | 01:29.00 | 01:22.00 | 01:55.00 | 01:50.00 | 01:45.00 |
| **S9** | 01:29.00 | 01:25.00 | 01:21.00 | 01:49.00 | 01:42.00 | 01:37.00 |
| **S10** | 01:24.00 | 01:20.00 | 01:14.00 | 01:40.00 | 01:35.00 | 01:30.00 |
| **S11** | 01:39.00 | 01:31.00 | 01:24.00 | 01:57.00 | 01:52.00 | 01:48.00 |
| **S12** | 01:22.00 | 01:20.00 | 01:18.00 | 01:41.00 | 01:36.00 | 01:31.00 |
| **S13** | 01:20.00 | 01:16.00 | 01:12.00 | 01:35.00 | 01:30.00 | 01:25.00 |
| **S14** | 01:22.00 | 01:18.00 | 01:13.00 | 01:35.00 | 01:30.00 | 01:25.00 |
| **50 m**  **брасс** | **SB1** | 02:03.00 | 01:57.00 | 01:45.00 | 02:20.00 | 02:12.00 | 02:00.00 |
| **SB2** | 01:50.00 | 01:34.00 | 01:20.00 | 02:30.00 | 02:15.00 | 01:57.00 |
| **SB3** | 01:42.00 | 01:20.00 | 01:10.00 | 02:10.00 | 01:56.00 | 01:42.00 |
| **100 m**  **брасс** | **SB4** | 02:22.00 | 02:18.00 | 02:10.00 | 02:57.00 | 02:47.00 | 02:37.00 |
| **SB5** | 02:10.00 | 02:05.00 | 02:00.00 | 02:34.00 | 02:25.00 | 02:16.00 |
| **SB6** | 01:56.00 | 01:52.00 | 01:47.00 | 02:28.00 | 02:19.00 | 02:10.00 |
| **SB7** | 01:49.00 | 01:43.00 | 01:38.00 | 02:20.00 | 02:10.00 | 02:00.00 |
| **SB8** | 01:40.00 | 01:34.00 | 01:31.00 | 02:12.00 | 02:06.00 | 01:57.00 |
| **SB9** | 01:30.00 | 01:25.00 | 01:20.00 | 02:05.00 | 01:55.00 | 01:48.00 |
| **SB11** | 01:45.00 | 01:40.00 | 01:35.00 | 02:13.00 | 02:05.00 | 01:56.00 |
| **SB12** | 01:28.00 | 01:25.00 | 01:22.00 | 01:45.00 | 01:40.00 | 01:35.00 |
| **SB13** | 01:26.00 | 01:23.00 | 01:20.00 | 01:43.00 | 01:38.00 | 01:33.00 |
| **SB14** | 01:26.00 | 01:23.00 | 01:20.00 | 01:42.00 | 01:37.00 | 01:33.00 |
| **50 m**  **батерфляй** | **S4** | 01:18.00 | 01:12.00 | 01:05.00 | 01:27.00 | 01:18.00 | 01:11.00 |
| **S5** | 01:00.00 | 00:55.00 | 00:50.00 | 01:16.00 | 01:10.00 | 01:05.00 |
| **S6** | 00:56.00 | 00:51.00 | 00:44.00 | 01:10.00 | 01:03.00 | 00:58.00 |
| **S7** | 00:52.00 | 00:48.00 | 00:41.00 | 01:03.00 | 00:57.00 | 00:53.00 |
| **100 m**  **батерфляй** | **S8** | 01:25.00 | 01:20.00 | 01:15.00 | 01:40.00 | 01:35.00 | 01:30.00 |
| **S9** | 01:20.00 | 01:15.00 | 01:10.00 | 01:35.00 | 01:30.00 | 01:24.00 |
| **S10** | 01:17.00 | 01:13.00 | 01:09.00 | 01:33.00 | 01:28.00 | 01:23.00 |
| **S11** | 01:30.00 | 01:25.00 | 01:20.00 | 01:40.00 | 01:35.00 | 01:30.00 |
| **S12/13** | 01:15.00 | 01:12.00 | 01:10.00 | 01:30.00 | 01:25.00 | 01:21.00 |
| **S14** | 01:19.00 | 01:14.00 | 01:11.00 | 01:27.00 | 01:22.00 | 01:16.00 |
| **150 m**  **комплекс** | **SМ3** | 03:45.00 | 03:35.00 | 03:25.00 | 03:52.00 | 03:40.00 | 03:30.00 |
| **SМ4** | 03:35.00 | 03:25.00 | 03:10.00 | 03:43.00 | 03:32.00 | 03:22.00 |
| **200 m**  **комплекс** | **SМ5** | 03:55.00 | 03:50.00 | 03:45.00 | 04:40.00 | 04:30.00 | 04:20.00 |
| **SМ6** | 03:29.00 | 03:20.00 | 03:10.00 | 04:35.00 | 04:25.00 | 04:15.00 |
| **SМ7** | 03:13.00 | 03:07.00 | 03:00.00 | 04:14.00 | 03:52.00 | 03:41.00 |
| **SМ8** | 02:54.00 | 02:50.00 | 02:46.00 | 03:59.00 | 03:43.00 | 03:25.00 |
| **SМ9** | 02:46.00 | 02:43.00 | 02:40.00 | 03:30.00 | 03:18.00 | 03:04.00 |
| **SМ10** | 02:37.00 | 02:34.00 | 02:30.00 | 03:10.00 | 03:02.00 | 02:55.00 |
| **SМ11** | 03:00.00 | 02:55.00 | 02:50.00 | 03:40.00 | 03:30.00 | 03:20.00 |
| **SМ12/13** | 02:35.00 | 02:30.00 | 02:25.00 | 03:08.00 | 03:00.00 | 02:51.00 |
| **SМ14** | 02:30.00 | 02:26.00 | 02:22.00 | 02:50.00 | 02:40.00 | 02:35.00 |

## *Изоҳ:*

## *Пара сузиш спорт турининг ягона спорт таснифига кўра:*

*Халқаро тоифадаги Ўзбекистон спорт устаси унвони 18 ёшдан;*

*Ўзбекистон спорт устаси унвони 16 ёшдан бошлаб бошлаб берилади.*

*Мазкур унвонларга талабгорлар мазкур меъёр талабларини камида Ўзбекистон чемпионти ёки кубоги мусобақаларида бажарган бўлиши керак.*